

## **Practice Questions**

# OCR A-Level PE - Skill Acquisition

(Revision session on Monday 16th May 2022, 4.00-5.30pm)

### Please read before distributing to students.

#### Purpose of this document

The questions contained within this document are those being answered live by James Simms during the May 2022 revision series on YouTube. The questions do not form a mock exam or practice paper as a whole. Rather, they are a series of questions that cover a range of content and skills required by the Advance Exam Information (AEI) published by the exam board in February 2022. There has been no attempt to organise the questions so that a mock or practice paper is formed. Instead, the questions are presented in the order of the AEI.

#### This paper contains:

- Questions in AEI order
- Where possible, examples of extended writing
- No one-mark or multiple-choice questions

#### How should schools use these papers?

This paper has been constructed specifically for use in preparation for and during the live revision shows provided by James Simms in May 2022. I encourage students to attempt the questions in advance of the revision shows. Students will receive the mark schemes and model answers as part of the revision experience.

Mark schemes and model answers will be published as part of the live revision show.

We have provided students with plenty of writing space in each question, so that they can draft their answers, attempt questions multiple times or write additional information.

All questions are taken from ExamSimulator. Please note, there are hundreds of additional questions on ExamSimulator covering the AEI topics. ExamSimulator is a premium resource available via TheEverLearner.com.

I hope this helps both students and teachers in their exam preparations.

James Simms

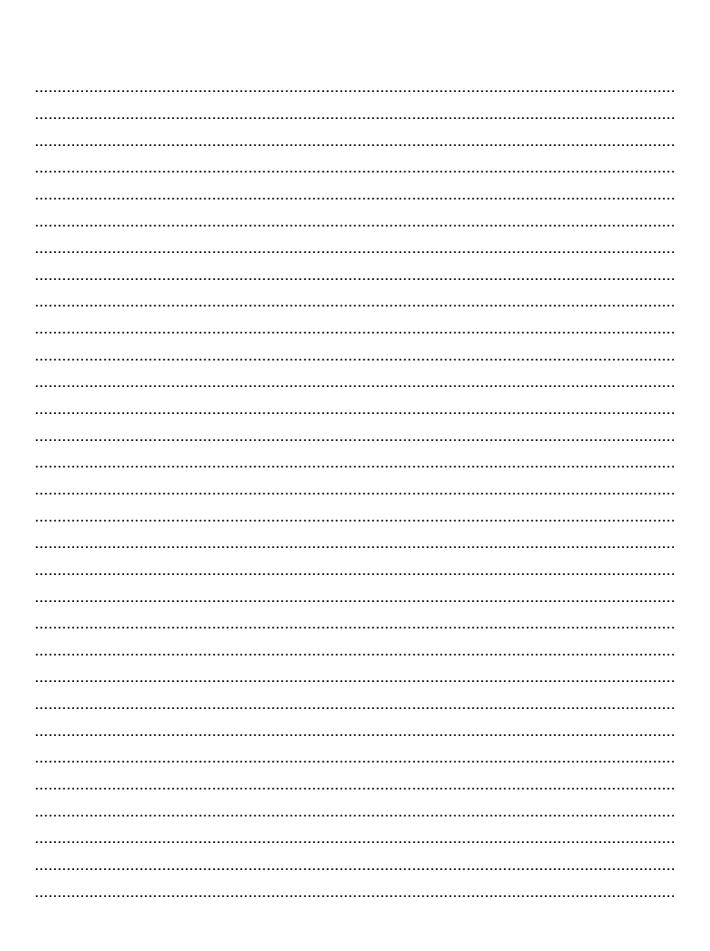
•	With reference to the cognitive theory of learning, explain how a coach may teach a tennis serve.						
	(4 marks	)					

Bandura's model identifies four processes involved in the copying of behaviour. Two of these are motor reproduction and motivation. Explain these terms.
(2 marks)

Using your knowledge of personality theories, evaluate personality as a predictor of sporting success.

Explain how a knowledge of operant conditioning could help a coach improve the performances of their athletes.

(10 marks)



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•	Using a sporting example, describe verbal guidance.	
		(2 marks)

(5 marks)

Evaluate the use of verbal guidance in the learning of movement skills.


Explain what is meant by **both** positive and negative feedback.

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(4 marks)

Evaluate the use of negative feedback for elite performers.

With reference to the multi-store memory model, explain how a badminton player use	es
selective attention during a rally.	

(4 mark	ks)

Craik and Lockhart argued that "memory is just a by-product of processing information." Explain how a tennis coach could use the **levels of processing model** when teaching children how to serve.

11.

(3 marks)



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