

Edexcel GCSE PE 2023 (1PE0) Paper 1

Date: 17th May Time: PM Marks: 80 Length: 90 min Marks per min: 0.89

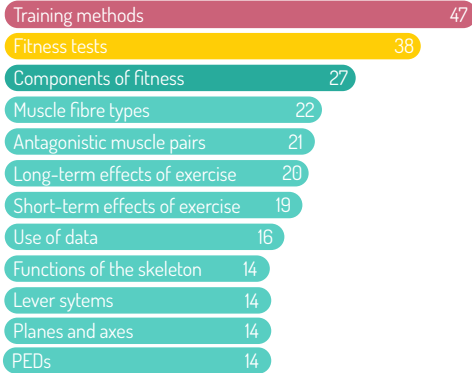
REVISION

Watch our live revision sessions on
[youtube.com/TheEverLearner](https://www.youtube.com/TheEverLearner)



Wed 3rd May 17:00-18:30

Most examined topics



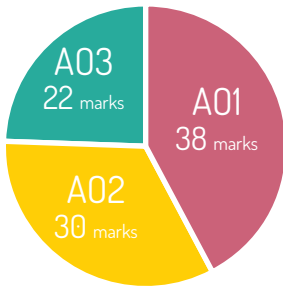
Total marks for all Paper 1s since 2018

Skills



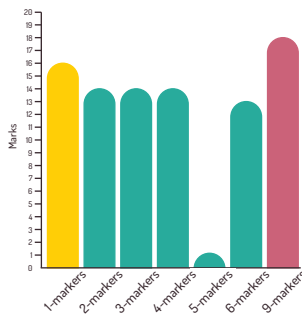
Average marks for all Paper 1s since 2018

A0 coverage



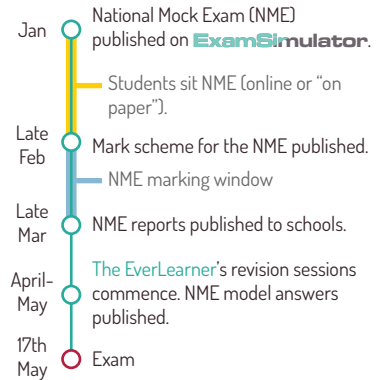
Average marks for all Paper 1s since 2018

Mark allocation

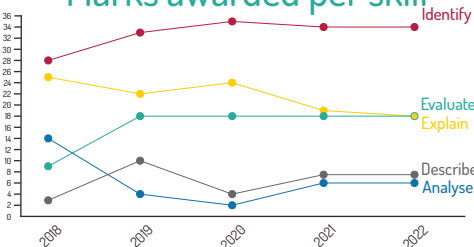


Average marks for all Paper 1s since 2018

Timeline 2023



Marks awarded per skill



Revision tips

- Use the tutorials, quizzing and testing on **The EverLearner**.
- Sit the National Mock Exam with your teacher and review with mark scheme and model answers.
- Attend **The EverLearner's** Live Revision on **YouTube**.
- Do plenty of exam practice on **ExamSimulator**.
- Take great notes and learn them!



The EverLearner

Edexcel GCSE PE 2023 (1PE0) Paper 1

Date: 17th May Time: PM Marks: 80 Length: 90 min Marks per min: 0.89

Content preparation

- | | | |
|---|--|---|
| <ul style="list-style-type: none"> <input type="checkbox"/> I have completed the National Mock Exam paper and have received my diagnostic. <input type="checkbox"/> I have OVER-LEARNED all of the most examined topics. <input type="checkbox"/> I have learnt all other specification content in preparation for lower-tariff questions. | | <div style="border: 1px dashed teal; padding: 5px;"> <ul style="list-style-type: none"> <li style="width: 50%;"><input type="checkbox"/> Training methods <li style="width: 50%;"><input type="checkbox"/> Long-term effects of exercise <li style="width: 50%;"><input type="checkbox"/> Fitness tests <li style="width: 50%;"><input type="checkbox"/> Short-term effects of exercise <li style="width: 50%;"><input type="checkbox"/> Components of fitness <li style="width: 50%;"><input type="checkbox"/> Use of data <li style="width: 50%;"><input type="checkbox"/> Muscle fibre types <li style="width: 50%;"><input type="checkbox"/> Functions of the skeleton <li style="width: 50%;"><input type="checkbox"/> Antagonistic muscle pairs <li style="width: 50%;"><input type="checkbox"/> Lever systems </div> |
|---|--|---|

Skills preparation

- I am fully aware of the most common command words in the Edexcel GCSE PE Paper 1 exam.
- I have OVER-PRACTICED 'Identify'/'State'/'Give'/'Complete', 'Explain' and 'Evaluate' through the National Mock Exam, ExamSimulator and past-paper questions.

'Identify'/'State'/'Give'/'Complete'
skill language

'Explain'
skill language

'Evaluate'
skill language

| | | |
|--|--|--|
| | | |
| | | |
| | | |
| | | |

- I am fully aware that 1-mark questions* accumulate the most marks in the Edexcel GCSE PE Paper 1 exam.
- I have OVER-PRACTICED 1-mark questions for the Edexcel GCSE PE Paper 1 exam from both ExamSimulator and the exam board.
- I know the required format of the extended-writing piece(s) for the Edexcel GCSE PE Paper 1 exam.
- I have practised all National Mock Exam, ExamSimulator and past paper examples of extended-writing pieces.



*9-mark questions have previously accumulated the most marks, but this year the number of 9-markers is being reduced to one.

Practical examples (A02)

Being able to make A02 applications to movement and performance examples is a critical feature of success in this paper. 30 marks come from A02 on average and you need to be able to make good quality examples to achieve these marks.

We recommend the **EIQ** method. This means that you:

1. Give your **Example**.
2. State the **Impact** of the concept.
3. State the **Outcome** that it produces.

What not to do...

Agility is critical in basketball when dribbling.

What to do...

Agility is critical in basketball when dribbling the ball, as the player can maintain control whilst quickly changing direction and, therefore, dribble in and out of spaces around defenders without losing possession of the ball.

Reaction time is at the start of a 100m race.

Write your example here.



Edexcel GCSE PE 2023 (1PE0) Paper 2

Date: 8th June Time: AM Marks: 60 Length: 75 min Marks per min: 0.8

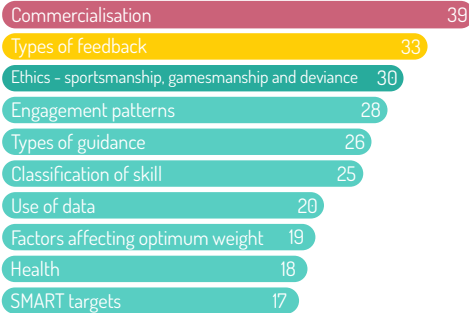
REVISION

Watch our live revision sessions on [youtube.com/TheEverLearner](https://www.youtube.com/TheEverLearner)



Tue 23rd May 15:30-17:00

Most examined topics



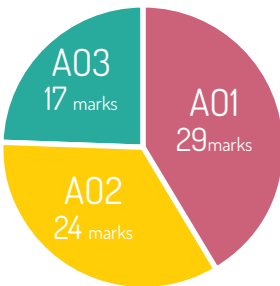
Total marks for all Paper 2s since 2018

Skills



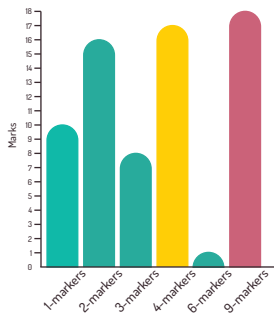
Average marks for all Paper 2s since 2018

A0 coverage



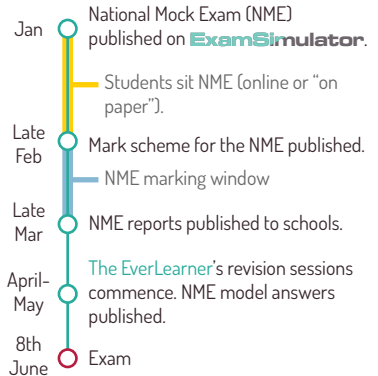
Average marks for all Paper 2s since 2018

Mark allocation

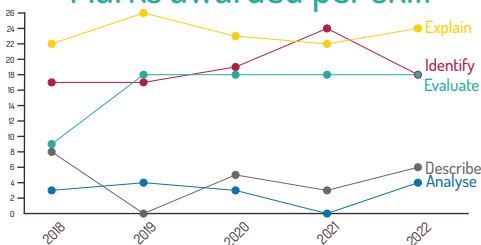


Average marks for all Paper 2s since 2018

Timeline 2023



Marks awarded per skill



Revision tips

- Use the tutorials, quizzing and testing on **The EverLearner**.
- Sit the National Mock Exam with your teacher and review with mark scheme and model answers.
- Attend **The EverLearner's** Live Revision on **YouTube**.
- Do plenty of exam practice on **ExamSimulator**.
- Take great notes and learn them!



The EverLearner

Edexcel GCSE PE 2023 (1PE0) Paper 2

Date: 8th June Time: AM Marks: 60 Length: 75 min Marks per min: 0.8

Content preparation

- | | | |
|---|--|---|
| <input type="checkbox"/> I have completed the National Mock Exam paper and have received my diagnostic. | <input type="checkbox"/> Commercialisation | <input type="checkbox"/> Classification of skill |
| <input type="checkbox"/> I have OVER-LEARNT all of the most examined topics. | <input type="checkbox"/> Types of feedback | <input type="checkbox"/> Use of data |
| <input type="checkbox"/> I have learnt all other specification content in preparation for lower-tariff questions. | <input type="checkbox"/> Ethics | <input type="checkbox"/> Factors aff. optim. weight |
| | <input type="checkbox"/> Engagement patterns | <input type="checkbox"/> Health |
| | <input type="checkbox"/> Types of guidance | <input type="checkbox"/> SMART targets |

Skills preparation

- I am fully aware of the most common command words in the Edexcel GCSE PE Paper 2 exam.
- I have OVER-PRACTISED 'Explain', 'Identify'/'State'/'Give'/'Complete' and 'Evaluate' through the National Mock Exam, ExamSimulator and past-paper questions.

'Explain'
skill language

'Identify'/'State'/'Give'/'Complete'
skill language

'Evaluate'
skill language

| | | |
|-------|-------|-------|
| | | |
| | | |
| | | |
| | | |

- I am fully aware that 4-mark questions* accumulate the most marks in the Edexcel GCSE PE Paper 2 exam.
- I have OVER-PRACTISED 4-mark questions for the Edexcel GCSE PE Paper 2 exam from both ExamSimulator and the exam board.
- I know the required format of the extended-writing piece(s) for the Edexcel GCSE PE Paper 2 exam.
- I have practised all National Mock Exam, ExamSimulator and past paper examples of extended-writing pieces.

*9-mark questions have previously accumulated the most marks, but this year the number of 9-markers is being reduced to one.

Practical examples (A02)

Being able to make A02 applications to movement and performance examples is a critical feature of success in this paper. 24 marks come from A02 on average and you need to be able to make good quality examples to achieve these marks.

We recommend the **EIQ** method. This means that you:

1. Give your **Example**.
2. State the **Impact** of the concept.
3. State the **Outcome** that it produces.

What not to do...

Passing in football is an open skill.

What to do...

Passing in football is an open skill due to the environment around the player such as the position of teammates and opponents always being unique. The impact of this is the player must make a pass at a specific angle, height and pace to suit that situation.

An example of when manual guidance would be used is when a table tennis coach moves a player.

Write your example here.

.....

.....

.....

