

Revision Series January 2024

Cambridge National in Sport Studies

R184: Issues which Affect Participation in Sport

◆ Notes pages ◆



The EverLearner

How to use this revision session and notes


- Complete this document when doing the live or on-demand revision shows.
- Have the National Mock Exam to hand and, ideally, your completed, marked version of it.
- Focus on the skills that James is presenting as much as the content. In most cases, students have a knowledge of the topic but struggle to respond to the command in the question. This is a focus of our revision.
- Complete the notes spaces as extensively as possible and, if necessary, return to the show to complete it more than once in order to make the fullest notes possible.

My ticklist:

- Notes pages
- Exam paper
- Exam mark scheme
- Exam model answers

Performer profiles

Use these performer profiles when making examples. The list is not exhaustive and you are encouraged to use your own examples as well as these ones.




Josh

Basic Details
Age: 19
Sport: 100m Sprint
Level: Olympic Podium Potential



Tom

Basic Details
Age: 43
Sport: Tennis (singles and doubles)
Level: Novice



Kate

Basic Details
Age: 17
Sport: Triathlon
Level: Club



Laura

Basic Details
Age: 15
Sport: Gymnastics (Artistic)
Level: National



Julie

Basic Details
Age: 26
Sport: Netball (GD, GK)
Level: Semi-professional/National



Carlos

Basic Details
Age: 35
Sport: Wheelchair basketball
Level: Ex-national team

Material covered in the National Mock Exam

→ Green denotes content to be covered in this session.

Topic Area 1

- Barriers to Participation
- Barriers to Disabled Participants
- Solutions for Disabled Participants
- Barriers to the Elderly
- Solutions to Barriers
- Emerging Sports in the UK

Topic Area 2

- Values Promoted Through Sport
- Olympic and Paralympic Values
- Initiatives - This Girl Can

- Sporting Behaviours
- Negative Impact of PEDs
- WADA

Topic Area 3

- Features of Major Sporting Events
- Benefits and Drawbacks of Hosting Major Events

Topic Area 4

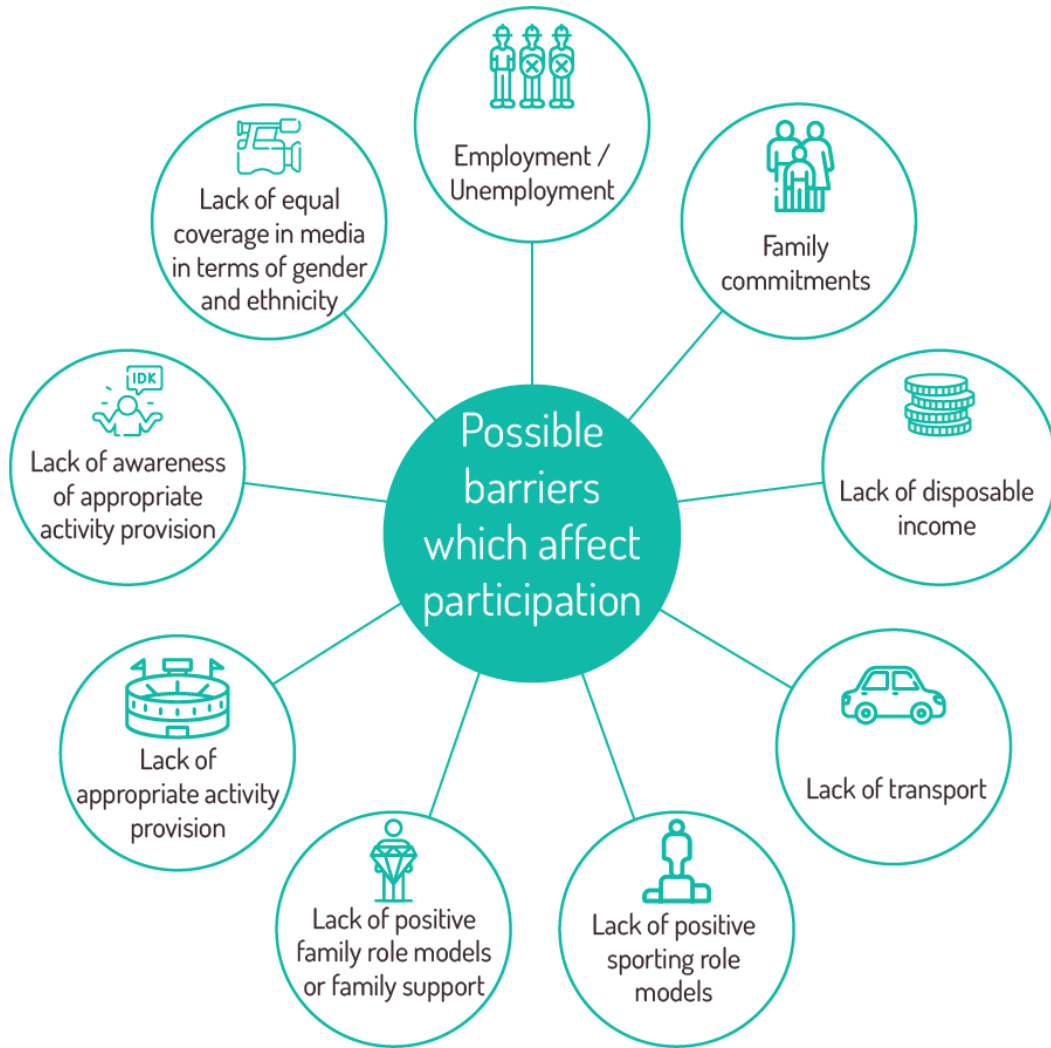
- NGBs

Topic Area 5

- Technology for Performers

Topic Area 1

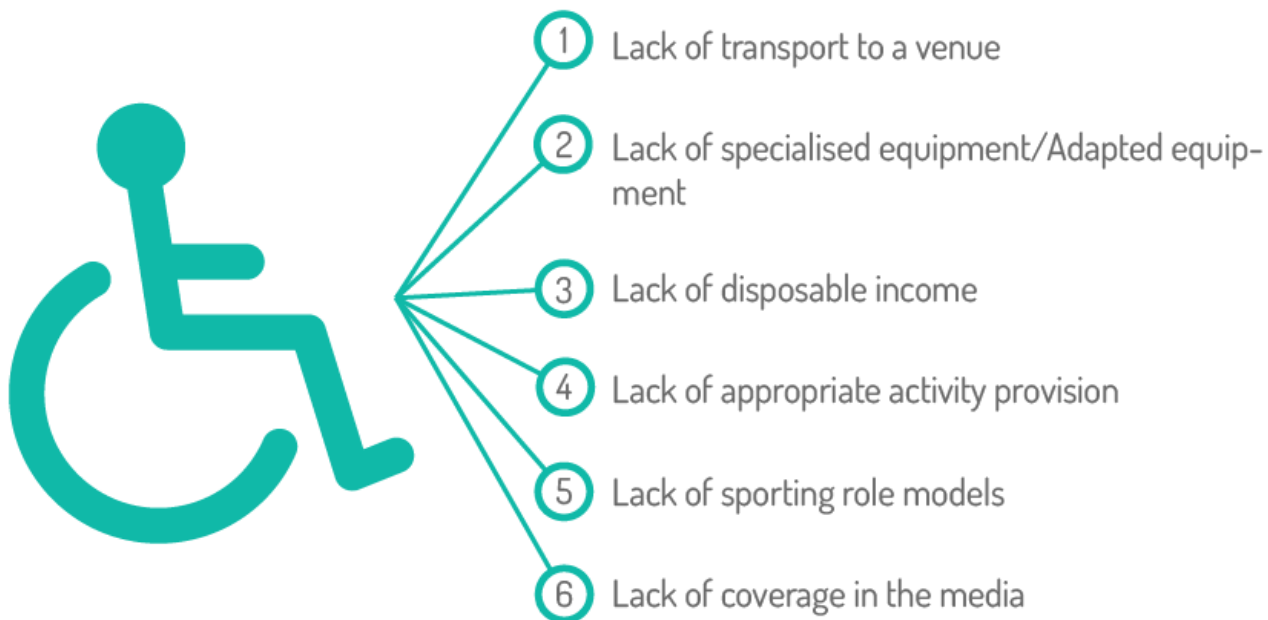
Section 1: Barriers to Participation



Notes

Applied to disability:

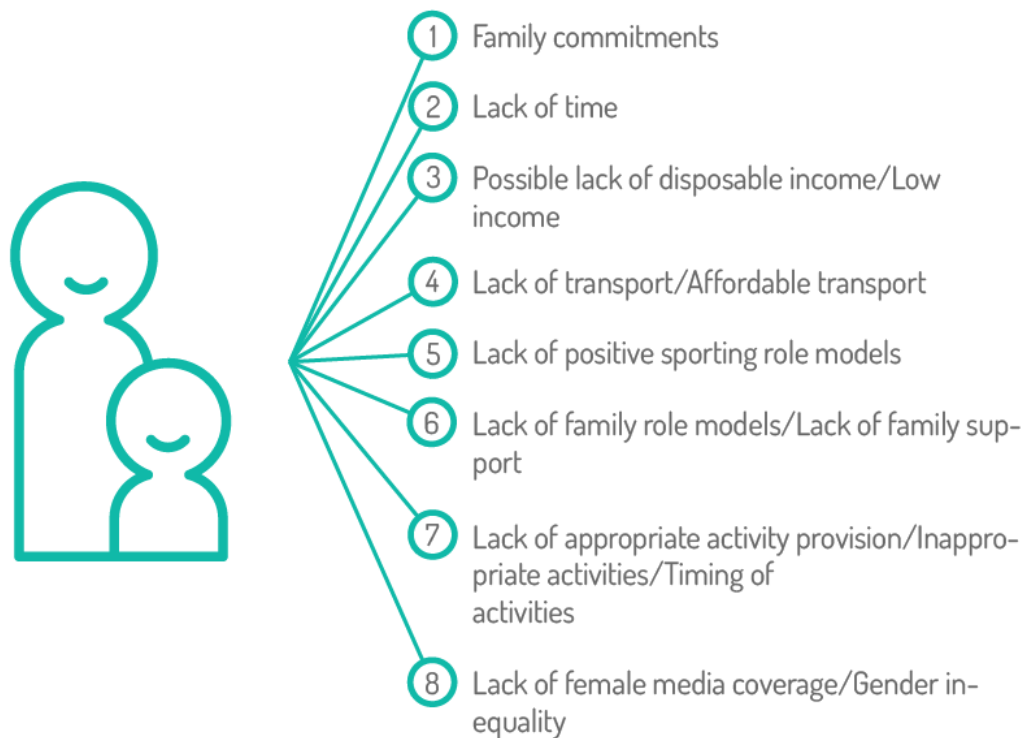
Marking points



Notes

Applied to single parents:

Marking points



Notes

Applied to the elderly:

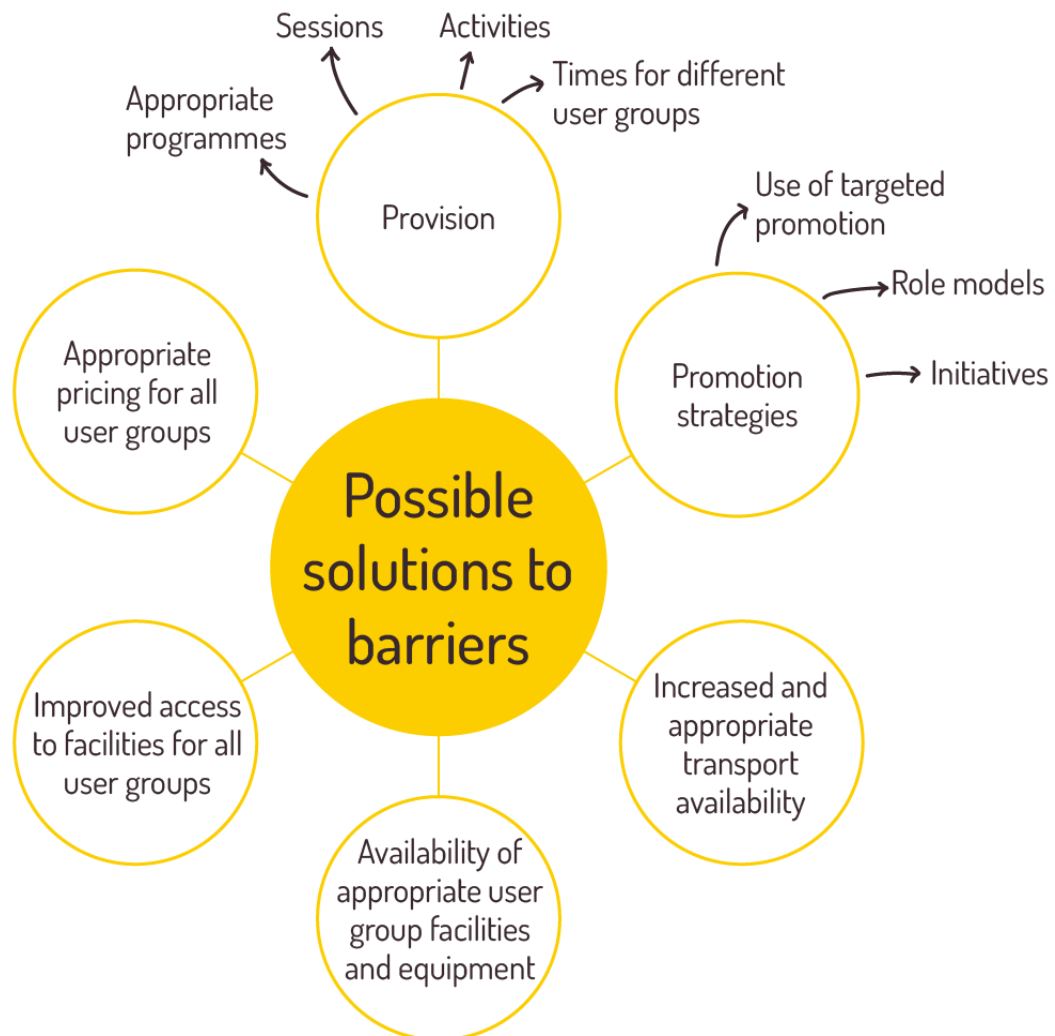
Marking points



- ① Lack of access to get into the facility/Lack of appropriate facilities/Not suitable facilities
- ② Lack of suitable provision/Lack of over-60s sessions/Lack of specialist sessions
- ③ Lack of transport/No transport/Transport issues
- ④ Lack of awareness of activities/No marketing for activities/Not aware of what is on offer
- ⑤ Health issues preventing participation/ Lack of mobility/Unable to physically participate
- ⑥ Lack of disposable income/Equipment can be expensive/Cost of sessions too high
- ⑦ Lack of time/No free time/No time to participate

Notes

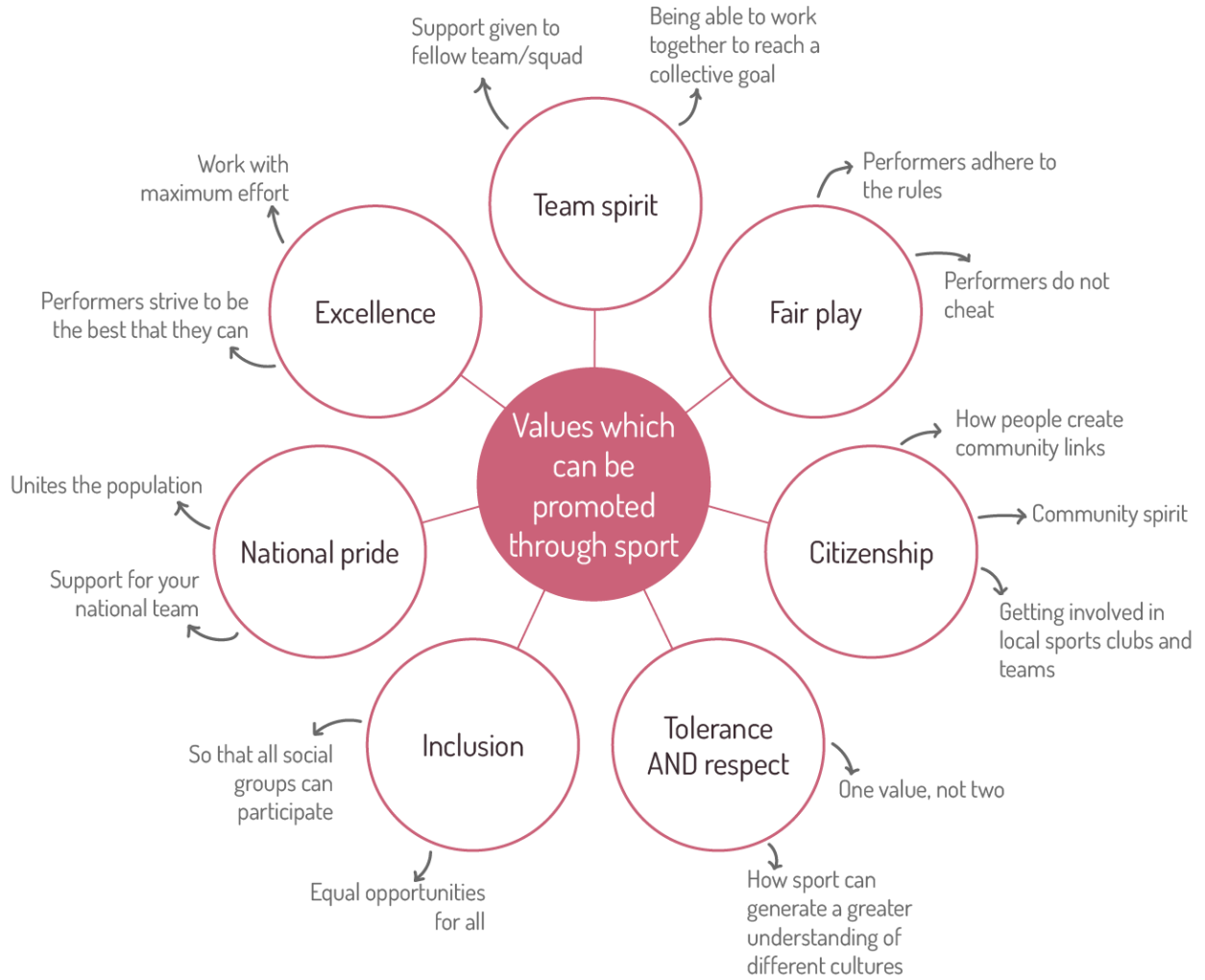
Section 2: Solutions to Barriers



Notes

Topic Area 2

Section 3: Values Promoted Through Sport



Notes

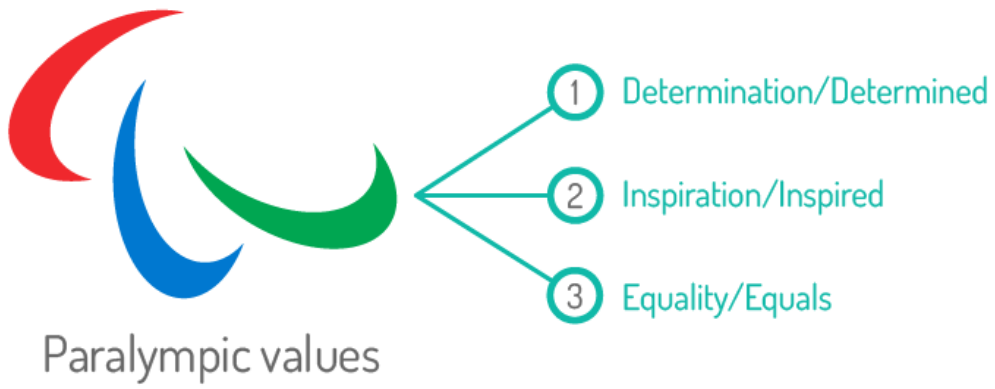
Section 4: Olympic and Paralympic Values

Olympic Oath

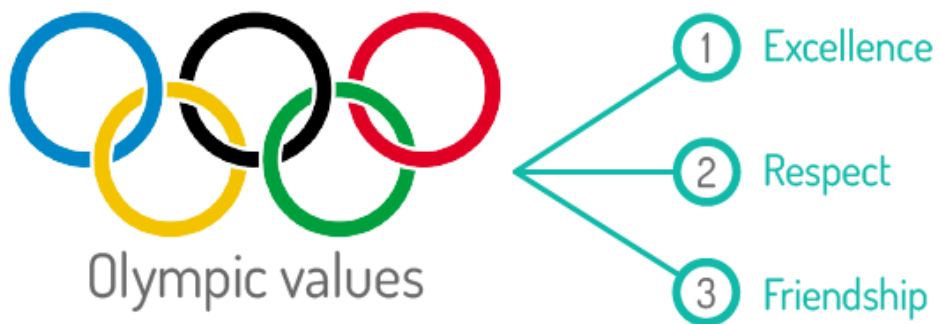
“We promise to take part in these Olympic Games, respecting and abiding by the rules and in the spirit of fair play, inclusion and equality. Together we stand in solidarity and commit ourselves to sport without doping, without cheating, without any form of discrimination. We do this for the honour of our teams, in respect for the Fundamental Principles of Olympism, and to make the world a better place through sport.”



Notes



Notes



Notes

Section 5: Initiatives



- ① Rainbow laces/LGBTQ+
- ② Kick It Out
- ③ Sporting equals
- ④ The Great British Tennis Weekend
- ⑤ Chance To Shine

Notes

Section 6: Impact of PEDs

Advantages and disadvantages to the performer of taking PEDs

Advantages

- Increased chance of success/Making the first team/Improve speed/Improve strength
- Fame/Recognition
- Wealth/Increased income
- Levels the playing field

Disadvantages

- Reputational damage
- Could be sacked
- Could be banned
- Lose sponsorship
- Health risks
- Addiction

Notes

Disadvantages to the sport of performers taking PEDs

Disadvantages

- Sport's reputation is damaged.
- Successful performers are treated with suspicion.
- Loss of sponsorship income
- Fewer spectators
- Reduced participation levels
- Need to invest increasing money into anti-doping
- Loss of trust in results
- Historical results need reviewing.
- Honest athletes are tarred

Notes

Section 7: WADA

WADA

World Anti-Doping Agency

Notes

Whereabouts rule

Notes

Topic Area 3


Section 8: Features of Major Sporting Events









Features of Major Sporting Events	
Feature	Examples
One-off	<ul style="list-style-type: none">● London Olympics 2012
Recurring/Regular	<ul style="list-style-type: none">● F1/Major Finals
Media	<ul style="list-style-type: none">● Televised● Subscription or FtA
Commercialisation	<ul style="list-style-type: none">● Advertising● Sponsorship/Commercial partners
International	<ul style="list-style-type: none">● Olympics/Paralympics● FIFA World Cups● Competitors● Spectators
Multi-sport	<ul style="list-style-type: none">● Olympics/Paralympics
Single-sport	<ul style="list-style-type: none">● FIFA World Cups
*Able-bodied	<ul style="list-style-type: none">● Olympics
*Disabled sport	<ul style="list-style-type: none">● Paralympics
World-class Facilities	<ul style="list-style-type: none">● Olympic parks● Qatar World cup
Positive values	<ul style="list-style-type: none">● Olympic oath● Anti-doping
Political issues	<ul style="list-style-type: none">● Protests● Terrorism


*Currently accepted terms on this course. James may challenge the use of these terms in the session.






Section 9: Benefits and Drawbacks of Hosting Major Sporting Events

Positive and negatives of hosting during the event



-  Improved social infrastructure
-  Improved national pride/patriotism
-  Improved national pride/patriotism
-  Increase in national status
-  Greater national interest in sport
-  Increased media coverage in sport
-  Potential increase in direct and indirect tourism
-  Increase in short-term employment

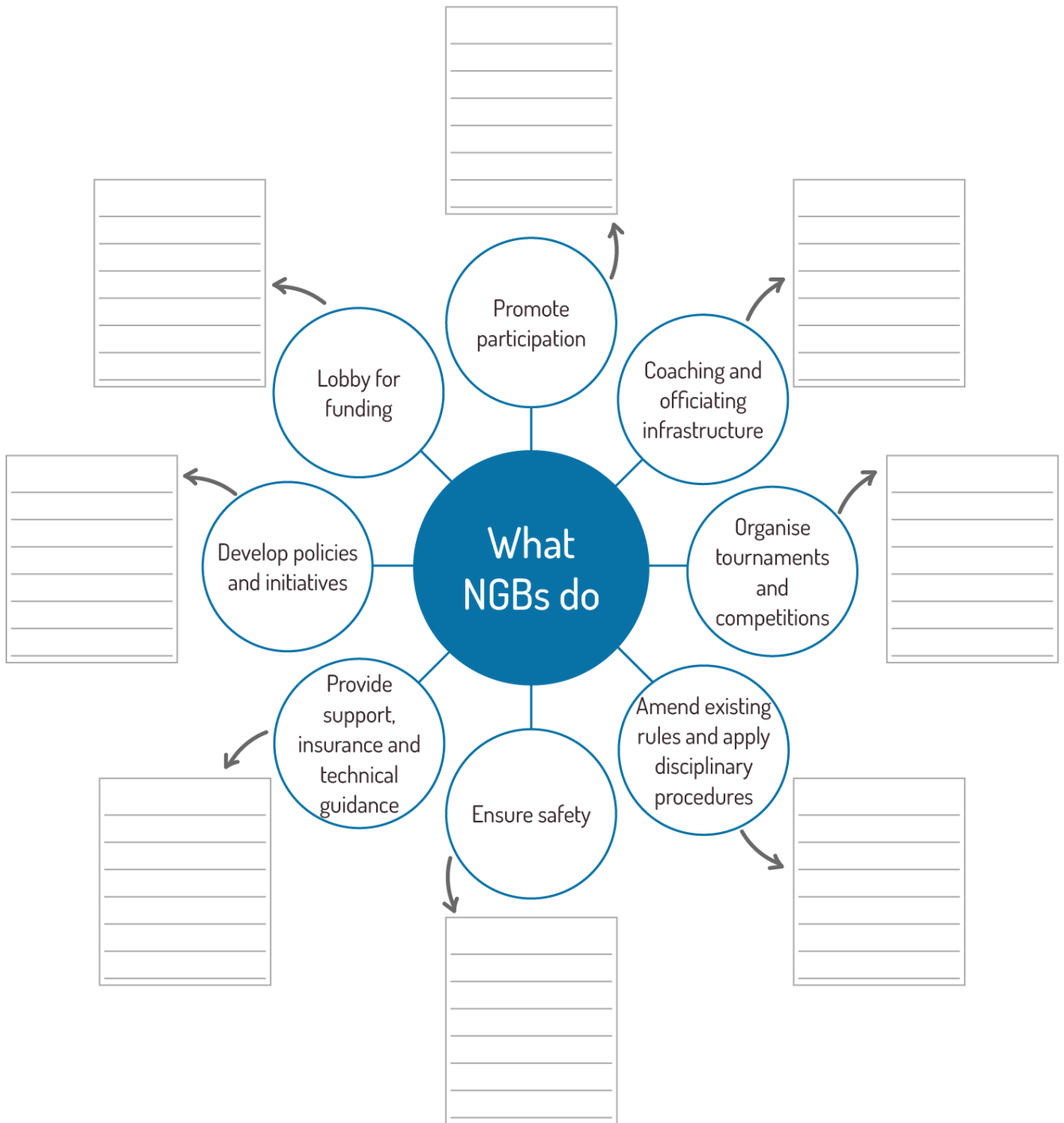


-  Increase in traffic, litter and noise
-  Potential for terrorism
-  Poor performance by host nation reduces national pride
-  Perceived relegation of regions. Less investment for non-event regions
-  Negative media coverage: deficiencies in organisation, infrastructure or facilities

Notes

Topic Area 4

Section 9: NGBs



Topic Area 5

Section 10: Technology for Performers

