

BTEC TECH L1/2 SPORT 2024 - Comp 3

Date: 9th May Time: AM Marks: 60 Length: 90 min Marks per min: 0.67

REVISION

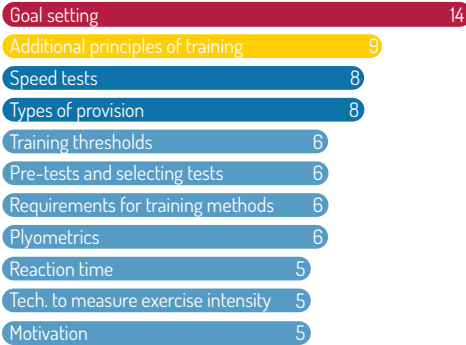
Watch our live revision sessions on
youtube.com/TheEverLearner



Thu 25th Apr 15:00-16:30

IMPORTANT: Analysis of the SAMs 2022 only.

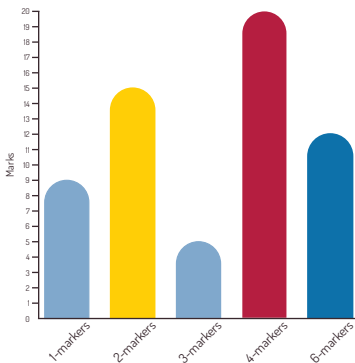
Most examined topics



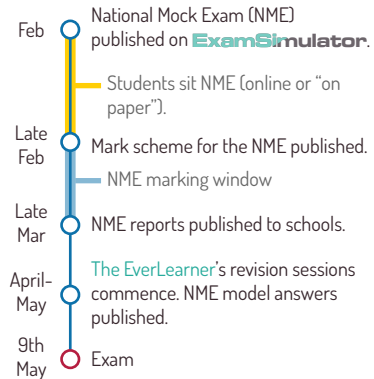
Skills



Mark allocation



Timeline 2024



Revision tips

- Use the tutorials, quizzing and testing on **The EverLearner**.
- Sit the National Mock Exam with your teacher and review with mark scheme and model answers.
- Attend **The EverLearner's** Live Revision on **YouTube**.
- ES** Do plenty of exam practice on **ExamSimulator**.
- Take great notes and learn them!



The EverLearner

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Content preparation

- | | | |
|---|--|---|
| <input type="checkbox"/> I have completed the National Mock Exam paper and have received my diagnostic. | <input type="checkbox"/> Goal setting | <input type="checkbox"/> Pre-test and selection |
| <input type="checkbox"/> I have OVER-LEARNED all of the most examined topics. | <input type="checkbox"/> Add. principles of training | <input type="checkbox"/> Req. training methods |
| <input type="checkbox"/> I have learnt all other specification content in preparation for lower-tariff questions. | <input type="checkbox"/> Speed tests | <input type="checkbox"/> Plyometrics |
| | <input type="checkbox"/> Types of provision | <input type="checkbox"/> Reaction time |
| | <input type="checkbox"/> Training thresholds | <input type="checkbox"/> Tech to measure intensity. |

Skills preparation

- I am fully aware of the most common command words in the BTEC Tech Sport Component 3 exam.
- I have OVER-PRACTISED 'Explain', 'Identify' and 'Evaluate' through the National Mock Exam, ExamSimulator and past-paper questions.

'Explain'
skill language

'Identify'
skill language

'Evaluate'
skill language

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- I am fully aware that 4-mark questions accumulate the most marks in the BTEC Tech Sport Component 3 exam.
- I have OVER-PRACTISED 4-mark questions for the BTEC Tech Sport Component 3 exam from both ExamSimulator and the exam board.
- I know the required format of the extended-writing piece(s) for the BTEC Tech Sport Component 3 exam.
- I have practised all National Mock Exam, ExamSimulator and past-paper examples of extended-writing.



Practical examples (A02)

Being able to make A02 applications to movement and performance examples is a critical feature of success in this paper. 19 marks come from A02 on average and you need to be able to make good quality examples to achieve these marks.

We recommend the EIO method. This means that you:

1. Give your **Example**.
2. State the **Impact** of the concept.
3. State the **Outcome** that it produces.

What not to do...

Agility is important when you're dribbling in basketball.

What to do...

Agility is important when you're dribbling in basketball because it allows a player to move efficiently and with control around defenders to find space so that they can take an unopposed shot at the basket.

A cross country runner would use Fartlek training.

Write your example here.

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