

# AQA A-Level PE 2024 (7582) Paper 1

Date: 24th May Time: AM Marks: 105 Length: 120 min Marks per min: 0.88

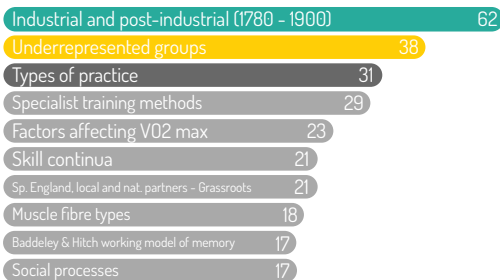
## REVISION

Watch our live revision sessions on  
[youtube.com/TheEverLearner](https://youtube.com/TheEverLearner)



Tues 30th April 15:00

### Most examined topics



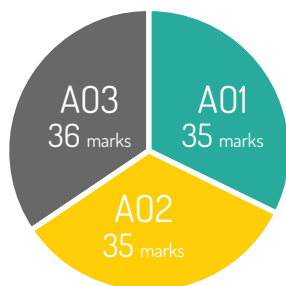
Total marks for all Paper 1s since 2018

### Skills



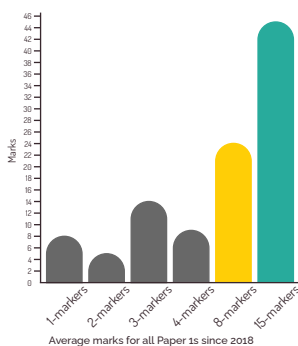
Average marks for all Paper 1s since 2018

### A0 coverage



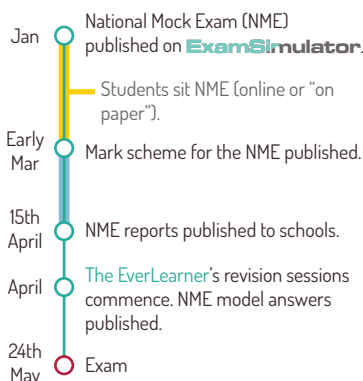
Average marks for all Paper 1s since 2018

### Mark allocation

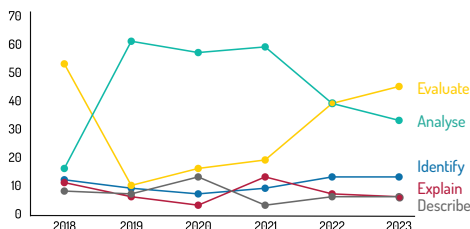


Average marks for all Paper 1s since 2018

### Timeline 2024



### Marks awarded per skill



### Revision tips

- Use the tutorials, quizzing and testing on [The EverLearner](#).
- Sit the National Mock Exam with your teacher and review with the mark scheme and model answers.
- Attend [The EverLearner](#)'s Live Revision on [YouTube](#).
- Do plenty of exam practice on [ExamSimulator](#).
- Take great notes and learn them!



The EverLearner

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## Content preparation

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> I have completed the National Mock Exam paper and have received my diagnostic.           | <input type="radio"/> Industrial and post-ind.    | <input type="radio"/> Skill continua        |
| <input type="checkbox"/> I have OVER-LEARNT all of the most examined topics.                                      | <input type="radio"/> Underrepresented groups     | <input type="radio"/> Sp. Eng. and partners |
| <input type="checkbox"/> I have learnt all other specification content in preparation for lower-tariff questions. | <input type="radio"/> Types of practice           | <input type="radio"/> Muscle fibre types    |
|   | <input type="radio"/> Specialist training methods | <input type="radio"/> Baddeley & Hitch      |
|   | <input type="radio"/> Factors affecting V02 max   | <input type="radio"/> Social processes      |

## Skills preparation

- ☐ I am fully aware of the most common command words in the AQA A-Level Paper 1 exam.
- ☐ I have OVER-PRACTISED 'Analyse', 'Evaluate' and 'Identify'/'State'/'Give'/'Complete' through the National Mock Exam, ExamSimulator and past-paper questions.

'Analyse'  
skill language

'Evaluate'  
skill language

'Identify'/'State'/'Give'/'Complete'  
skill language

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- ☐ I am fully aware that 15-mark questions accumulate the most marks in the AQA A-Level Paper 1 exam.
- ☐ I have OVER-PRACTISED 15-mark questions for the AQA A-Level Paper 1 exam from both ExamSimulator and the exam board.
- ☐ I know the required format of the extended-writing pieces for the AQA A-Level Paper 1 exam.
- ☐ I have practised all National Mock Exam, ExamSimulator and past paper examples of extended-writing.



## Practical examples (A02)

Being able to make A02 applications to movement and performance examples is a critical feature of success in this paper. 35 marks come from A02 on average and you need to be able to make good quality examples to achieve these marks.

We recommend the **EIQ** method. This means that you:

1. Give your **Example**.
2. State the **Impact** of the concept.
3. State the **Outcome** that it produces.

What **not** to do...

Extrinsic feedback is when a rugby coach says "Good tackle."

An example of primary socialisation is when children copy parents.

What to do...

Extrinsic feedback is applied by a rugby defensive coach during half-time by praising the tacklers for getting low and driving upward, which causes the same players to repeat this in the second half and force their opponents back.

Write your example here.

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