

AQA GCSE PE 2024 (8582) Paper 1

Date: 22nd May Time: PM Marks: 78 Length: 75 min Marks per min: 1.04

REVISION

Watch our live revision sessions on
youtube.com/TheEverLearner



Wed 8th May 15:00

Most examined topics



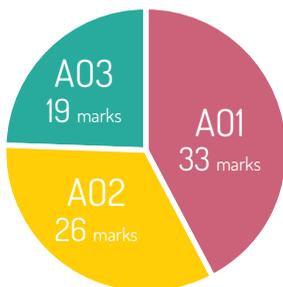
Total marks for all Paper 1s since 2018

Skills



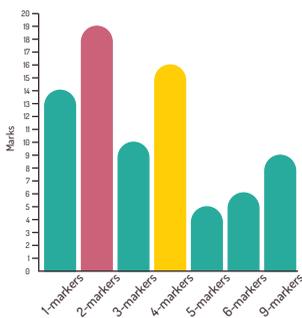
Average marks for all Paper 1s since 2018

A0 coverage



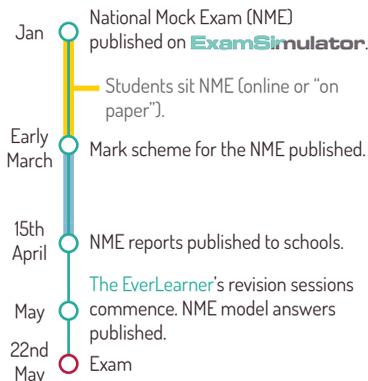
Average marks for all Paper 1s since 2018

Mark allocation

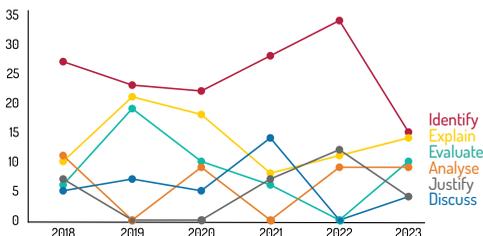


Average marks for all Paper 1s since 2018

Timeline 2024



Marks awarded per skill



Revision tips

- Use the tutorials, quizzing and testing on **The EverLearner**.
- Sit the National Mock Exam with your teacher and review with the mark scheme and model answers.
- Attend **The EverLearner's** Live Revision on **YouTube**.
- Do plenty of exam practice on **ExamSimulator**.
- Take great notes and learn them!



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Content preparation

- I have completed the National Mock Exam paper and have received my diagnostic.
 - I have OVER-LEARNT all of the most examined topics.
 - I have learnt all other specification content in preparation for lower-tariff questions.
- Components of fitness
 - Methods of training
 - Fitness testing
 - Levers
 - Analysis of movement
 - Altitude training
 - Cardiac cycle & pathway of blood
 - Aerobic and anaerobic exercise
 - Warm-up and cool-down
 - Functions of the skeleton
 - Movement at synovial joints
 - Antagonistic muscle pairs

Skills preparation

- I am fully aware of the most common command words in the AQA GCSE PE Paper 1 exam.
- I have OVER-PRACTISED 'Identify'/'State'/'Give'/'Complete', 'Explain' and 'Evaluate' through the National Mock Exam, ExamSimulator and past-paper questions.

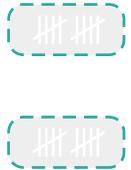
'Identify'/'State'/'Give'/'Complete'
skill language

'Explain'
skill language

'Evaluate'
skill language

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- I am fully aware that 2-mark questions accumulate the most marks in the AQA GCSE PE Paper 1 exam.
- I have OVER-PRACTISED 2-mark questions for the AQA GCSE PE Paper 1 exam from both ExamSimulator and the exam board.
- I know the required format of the extended-writing pieces for the AQA GCSE PE Paper 1 exam.
- I have practised all National Mock Exam, ExamSimulator and past paper examples of extended-writing.



Practical examples (A02)

Being able to make A02 applications to movement and performance examples is a critical feature of success in this paper. 26 marks come from A02 on average and you need to be able to make good quality examples to achieve these marks. We recommend the **EIQ** method. This means that you:

1. Give your **Example**.
2. State the **Impact** of the concept.
3. State the **Outcome** that it produces.

What not to do...

Agility is critical in basketball when dribbling.

What to do...

Agility is critical in basketball when dribbling the ball, as the player can maintain control whilst quickly changing direction and, therefore, dribble in and out of spaces around defenders without losing possession of the ball.

Reaction time is at the start of a 100m race.

Write your example here.

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