

Edexcel GCSE PE 2024 (1PE0) Paper 1

Date: 22nd May Time: PM Marks: 80 Length: 90 min Marks per min: 0.89

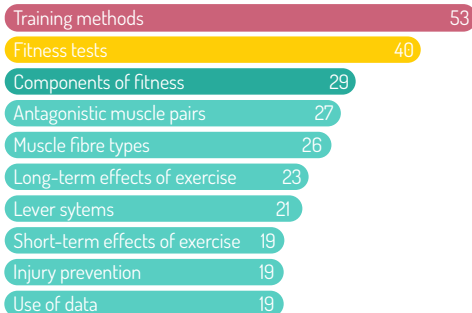
REVISION

Watch our live revision sessions on
youtube.com/TheEverLearner



Wed 8th May 16:30

Most examined topics



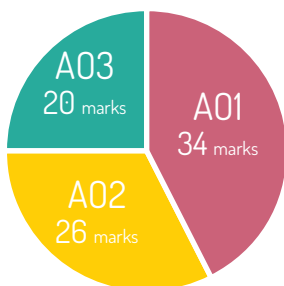
Total marks for all Paper 1s since 2018

Skills



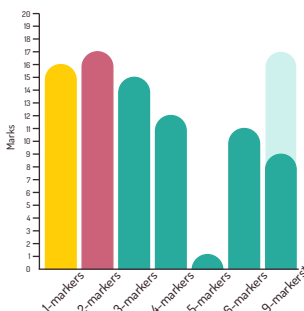
* Only one EAQ per paper from 2023. Historically, the average is 15 marks, but in 2024 it will be 9.

A0 coverage



A0 coverage for Paper 1 2023. Average for Paper 1 since 2018 is A01-37, A02-30, A03-22 (two 9-markers until 2022).

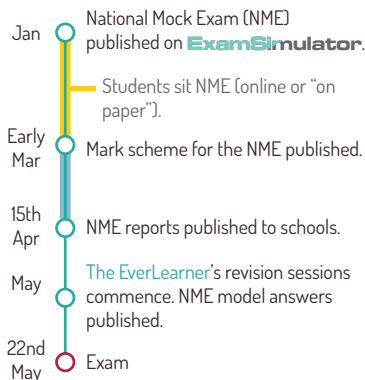
Mark allocation



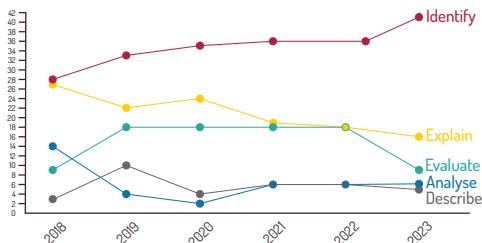
* Historical average in light green. Since 2023, there is one 9-marker only per paper, so nine marks only.

Average marks for all Paper 1s since 2018

Timeline 2024



Marks awarded per skill



Revision tips

- Use the tutorials, quizzing and testing on [The EverLearner](#).
- Sit the National Mock Exam with your teacher and review with the mark scheme and model answers.
- Attend [The EverLearner](#)'s Live Revision on [YouTube](#).
- Do plenty of exam practice on [ExamSimulator](#).
- Take great notes and learn them!



The EverLearner

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Content preparation

- | | | |
|---|---|--|
| <input type="checkbox"/> I have completed the National Mock Exam paper and have received my diagnostic. | <input type="radio"/> Training methods | <input type="radio"/> Long-term effects of exercise |
| <input type="checkbox"/> I have OVER-LEARNT all of the most examined topics. | <input type="radio"/> Fitness tests | <input type="radio"/> Lever systems |
| <input type="checkbox"/> I have learnt all other specification content in preparation for lower-tariff questions. | <input type="radio"/> Components of fitness | <input type="radio"/> Short-term effects of exercise |
| | <input type="radio"/> Antagonistic muscle pairs | <input type="radio"/> Injury prevention |
| | <input type="radio"/> Muscle fibre types | <input type="radio"/> Use of data |

Skills preparation

- ☐ I am fully aware of the most common command words in the Edexcel GCSE PE Paper 1 exam.
- ☐ I have OVER-PRACTISED 'Identify'/'State'/'Give'/'Complete', 'Explain' and 'Evaluate' through the National Mock Exam, ExamSimulator and past-paper questions.

'Identify'/'State'/'Give'/'Complete'
skill language

'Explain'
skill language

'Evaluate'
skill language

- ☐ I am fully aware that 1-mark and 2-mark questions accumulate the most marks in the Edexcel GCSE PE Paper 1 exam.
- ☐ I have OVER-PRACTISED 1-mark and 2-mark questions for the Edexcel GCSE PE Paper 1 exam from both ExamSimulator and the exam board.
- ☐ I know that the 9-mark question will have an EVALUATE question on Physical training and I have OVER-PRACTISED this.
- ☐ I have practised all National Mock Exam, ExamSimulator and past paper examples of extended-writing.

Practical examples (A02)

Being able to make A02 applications to movement and performance examples is a critical feature of success in this paper. 30 marks come from A02 on average and you need to be able to make good quality examples to achieve these marks.

We recommend the **EIO** method. This means that you:

1. Give your **Example**.
2. State the **Impact** of the concept.
3. State the **Outcome** that it produces.

What **not** to do...

Agility is critical **in basketball when dribbling**.

What to do...

Agility is critical **in basketball when dribbling the ball**, as the player can maintain control whilst quickly changing direction and, therefore, **dribble in and out of spaces around defenders without losing possession of the ball**.

Reaction time is **at the start of a 100m race**.

Write your example here.

