



Revision Series 2024

Cambridge National in Sport Studies R184: Contemporary issues in sport

◆ Notes pages ◆



The EverLearner

How to use this revision session and notes

- Complete this document when doing the live or on-demand revision shows.
- The imagery contained in the notes is designed for you to be able to study the core subject knowledge prior to the live session.
- During the live session, James will guide you through how to use that knowledge in your exam.
- Focus on the skills that James is presenting as much as the content. In most cases, students have a knowledge of the topic but struggle to respond to the command in the question. This is a focus of our revision.
- Complete the notes pages as extensively as possible and, if necessary, return to the show to complete it more than once in order to make the fullest notes possible.
- Have the National Mock Exam to hand and, ideally, your completed, marked version of it.
- Have the [exam infographics](#) to hand. These will be referred to throughout the show.

My ticklist:

- Notes pages
- Exam infographics
- Exam paper
- Exam mark scheme
- Exam model answers

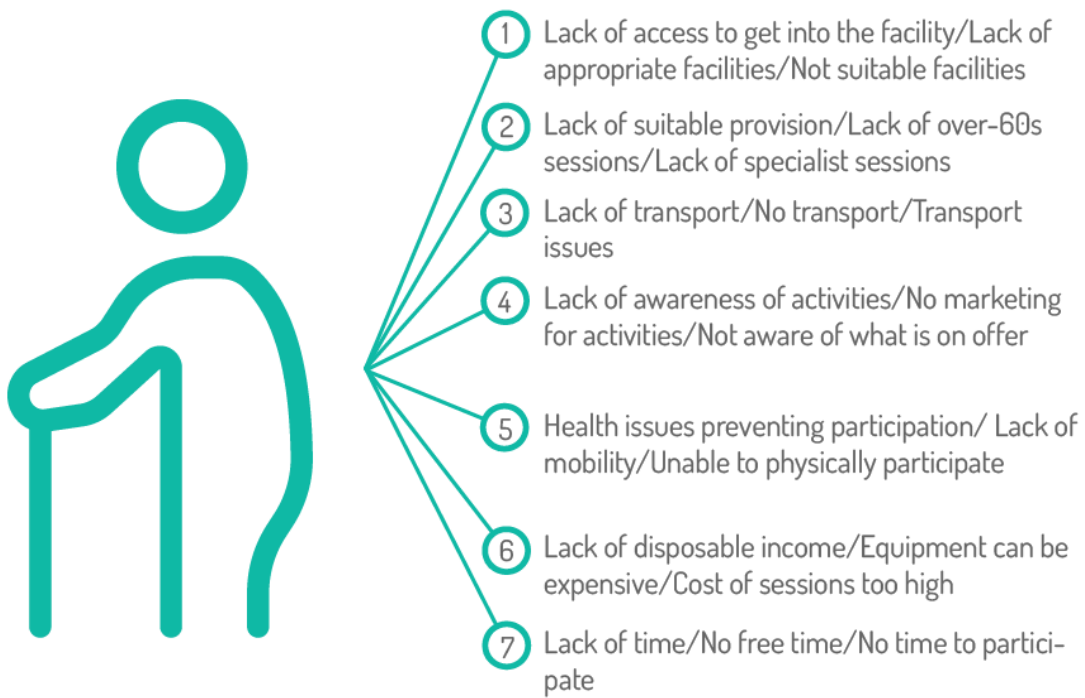
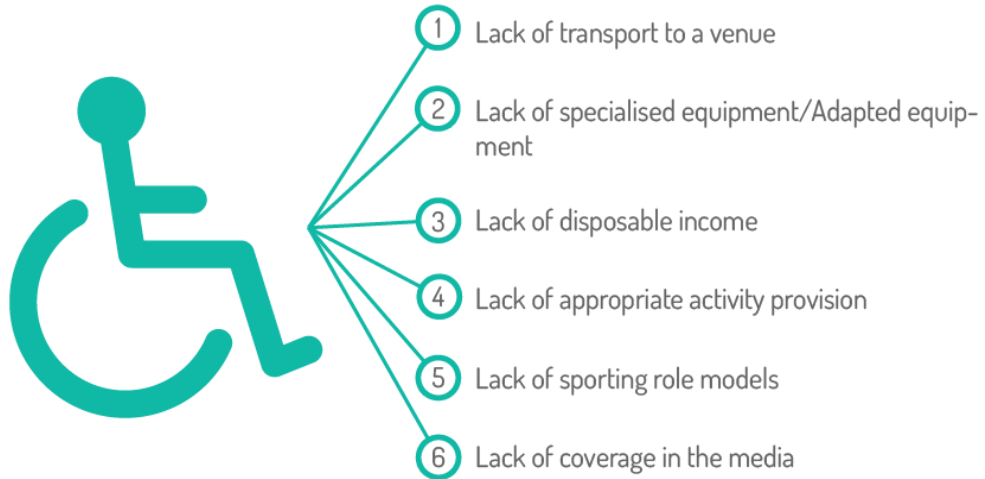
During the live show, we will cover...

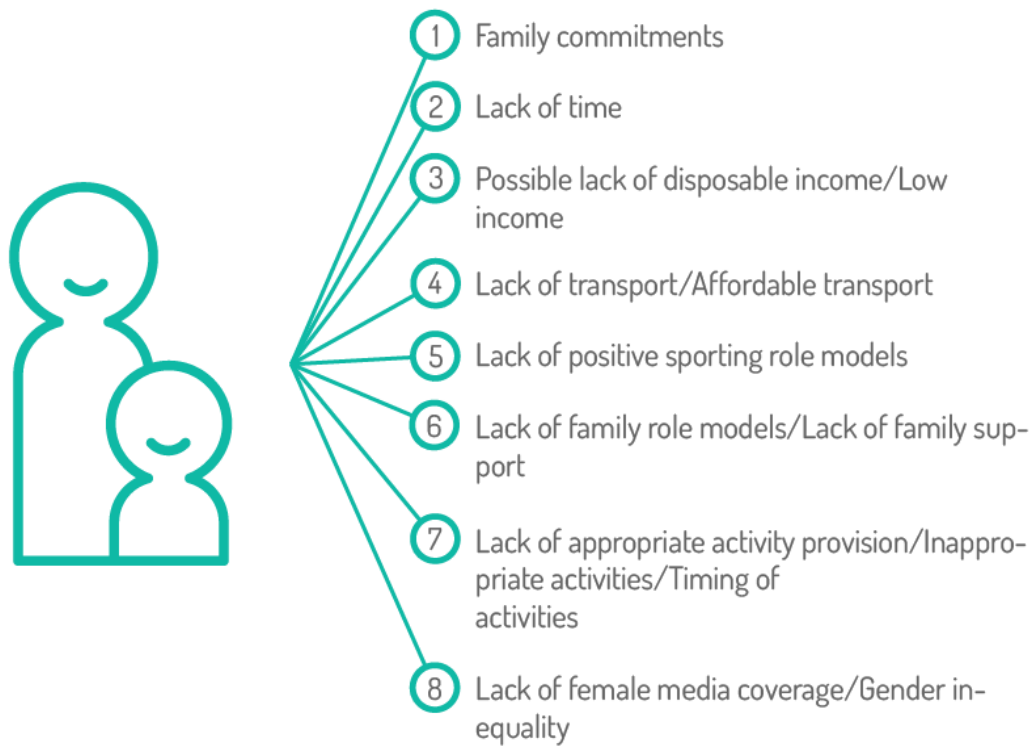
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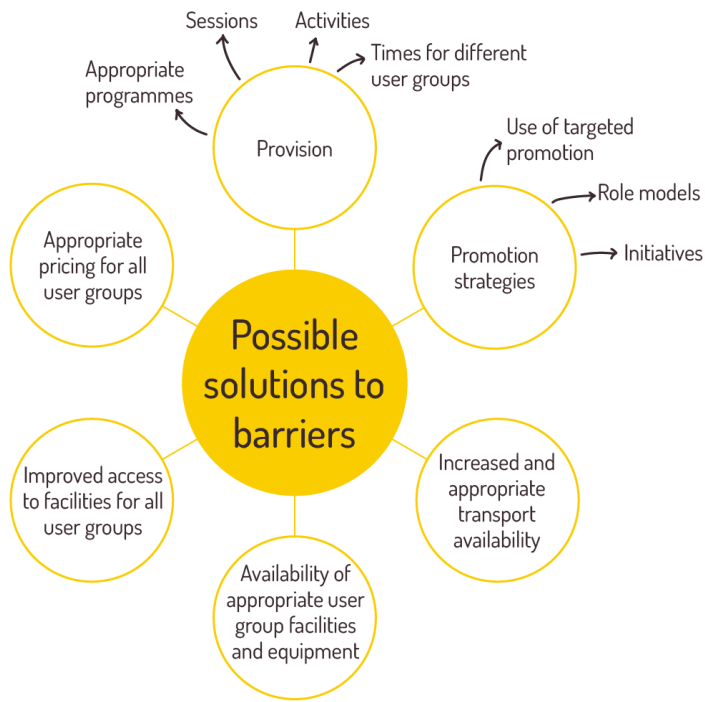
We will also cover a wide array of exam skills including command terms for shorter and longer questions as well as the extended writing requirements of the paper.

You may also find it useful to study our previous revision shows when different samples of content and skills have been developed.

Topic 1: Different user groups (including solutions and barriers)







User group	Possible barrier (1 + 2)	Possible solution (1 + 2)
Gender	Women - fear of discrimination Stereotyping - belief that some sports are traditionally male- or female-dominated	_____
People from different ethnic groups	_____	_____
Retired people / People over 60	_____	Sessions for over-60s only
Families with children	_____	Offering family-friendly sessions/parent and child sessions
Carers	Lack of free time due to caring for relative	_____
People with family commitments	_____	_____

Young children	Lack of transport (rely on parents giving them a lift)	_____
Teenagers	_____	Offer appropriately timed sessions after school or at the weekends
People with disabilities including physical, emotional and mental	_____	Adapted activities, such as sessions for wheelchair users
Parents (singles or couples)	_____	_____
People who work	Lack of free time due to working hours	_____
Unemployed / economically disadvantaged people	Lack of disposable income	_____

Pick one solution from the table. Explain a positive and negative impact to a leisure centre of providing this as a solution.

- Solution: _____

- Positive impact: _____

- Negative impact: _____



Want to know more?

Watch the FREE tutorials "Barriers which affect participation" and "Possible solutions to barriers" on [TheEverLearner.com](https://www.theeverlearner.com)

Topic 2: Positive and negative impacts on popularity of sports in the UK

26. Using the images shown, discuss the factors affecting the popularity of these two sports in the UK. You should include:

- Positive effects on popularity
- Negative effects on popularity
- Examples from each sport to support your discussion.



One factor affecting the popularity of women's football is the recent success of the Lionesses national team. An example is the team winning the Euros in 2022. As a result of this, people have been inspired to play football and participation rates have increased. The success of the Lionesses has also led to increased media coverage of women's football. For example, Sky Sports and BT Sport have increased the number of club and international games broadcast. This increases the number of visible positive role models and will encourage young people to try and emulate their idols. It could be argued that women's football is increasing in popularity more rapidly than women's hockey. One reason for this is due to access to facilities. Hockey is now usually played on a specialist astro surface, whereas football can easily be played on both grass and astro. Funding for the provision of astro pitches in football is higher than that of hockey, so access to football clubs and facilities is greater. However, hockey is able to attract high numbers of spectators to live matches, as it's usually free or very cheap to watch. For example, some clubs in the premier division do not charge for children to spectate. This is more affordable than women's football spectatorship and is a positive in making hockey popular to new viewers or possible participants.



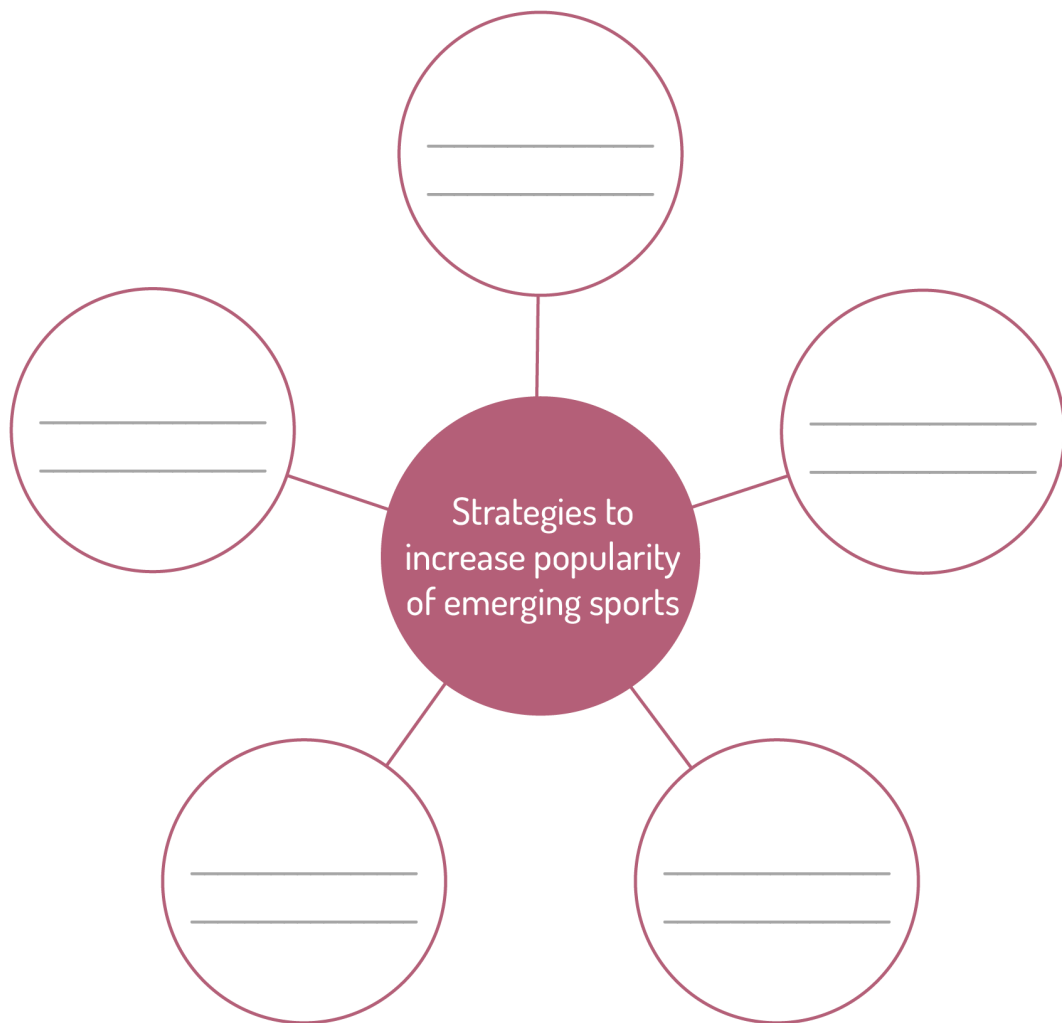
Want to know more?

Watch the tutorial "Factors that affect the popularity of sport in the UK" on [TheEverLearner.com](https://www.theeverlearner.com) (subscribers only).

Topic 3: Growth of emerging sports



Emerging sports are:



Want to know more?

Watch the tutorial "Emerging sports in the UK" on [TheEverLearner.com](https://www.theeverlearner.com) (subscribers only).

Topic 4: Olympic and Paralympic values



- ① Friendship: _____
- ② Respect: _____
- ③ Excellence: _____



- ① Determination: _____
- ② Inspiration: _____
- ③ Courage: _____
- ④ Equality: _____

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Olympic value	Sporting example
Friendship	_____ _____
Respect	_____ _____
Excellence	_____ _____

Paralympic value	Sporting example
Determination	_____
Inspiration	_____
Courage	_____
Equality	_____



Want to know more?

Watch the tutorial "Olympic & Paralympic movement" on [TheEverLearner.com](https://www.theeverlearner.com) (subscribers only).

Topic 5: Initiatives, campaigns and events to promote sporting values



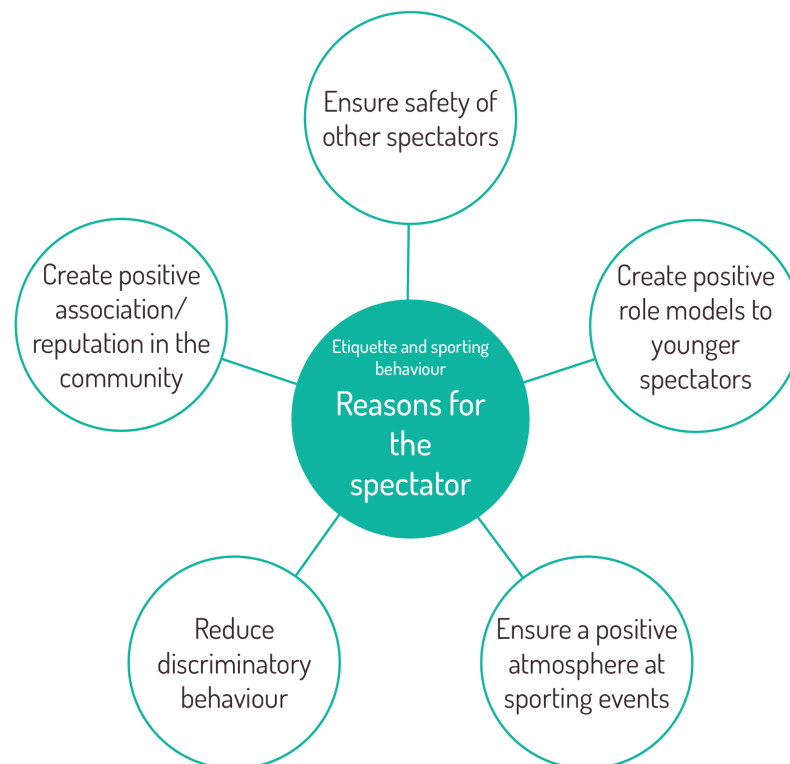
Initiative/Campaign	Aim/Description	Values it helps to promote
This Girl Can	Encourages more females to get involved in sport and physical activity.	Inclusion Excellence
Kick it Out	Reduce racism and other forms of discrimination in football.	Inclusion Tolerance and respect
Chance to Shine	Give all children the opportunity to play cricket in communities and schools.	Excellence Team spirit Fair play Inclusion
Rainbow Laces	Demonstrate support for participation of LGBTQ+ community in sport.	Inclusion



Want to know more?

Watch the tutorial "Initiatives and campaigns" on [TheEverLearner.com](https://www.theeverlearner.com) (subscribers only).

Topic 6: Etiquette and sporting behaviour



Conduct

Performer etiquette

Definition: _____

Sporting example 1:

Sporting example 2:

Spectator etiquette

Definition: _____

Sporting example 1:

Sporting example 2:

Sportsmanship

Definition: _____

Sporting example 1:

Sporting example 2:

Gamesmanship

Definition: _____

Sporting example 1:

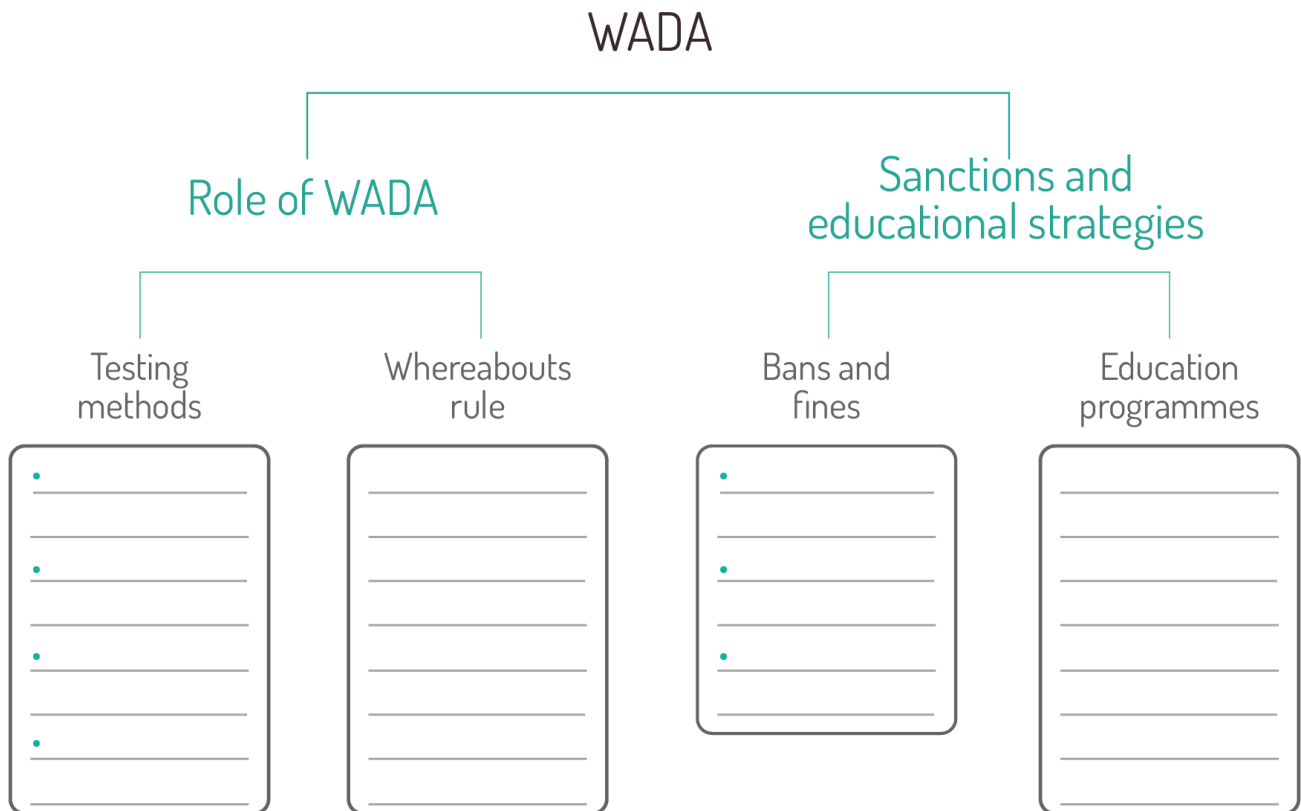
Sporting example 2:



Want to know more?

Watch the tutorial "Etiquette and sporting behaviour" on [TheEverLearner.com](https://www.theeverlearner.com) (subscribers only).

Topic 7: Role of WADA



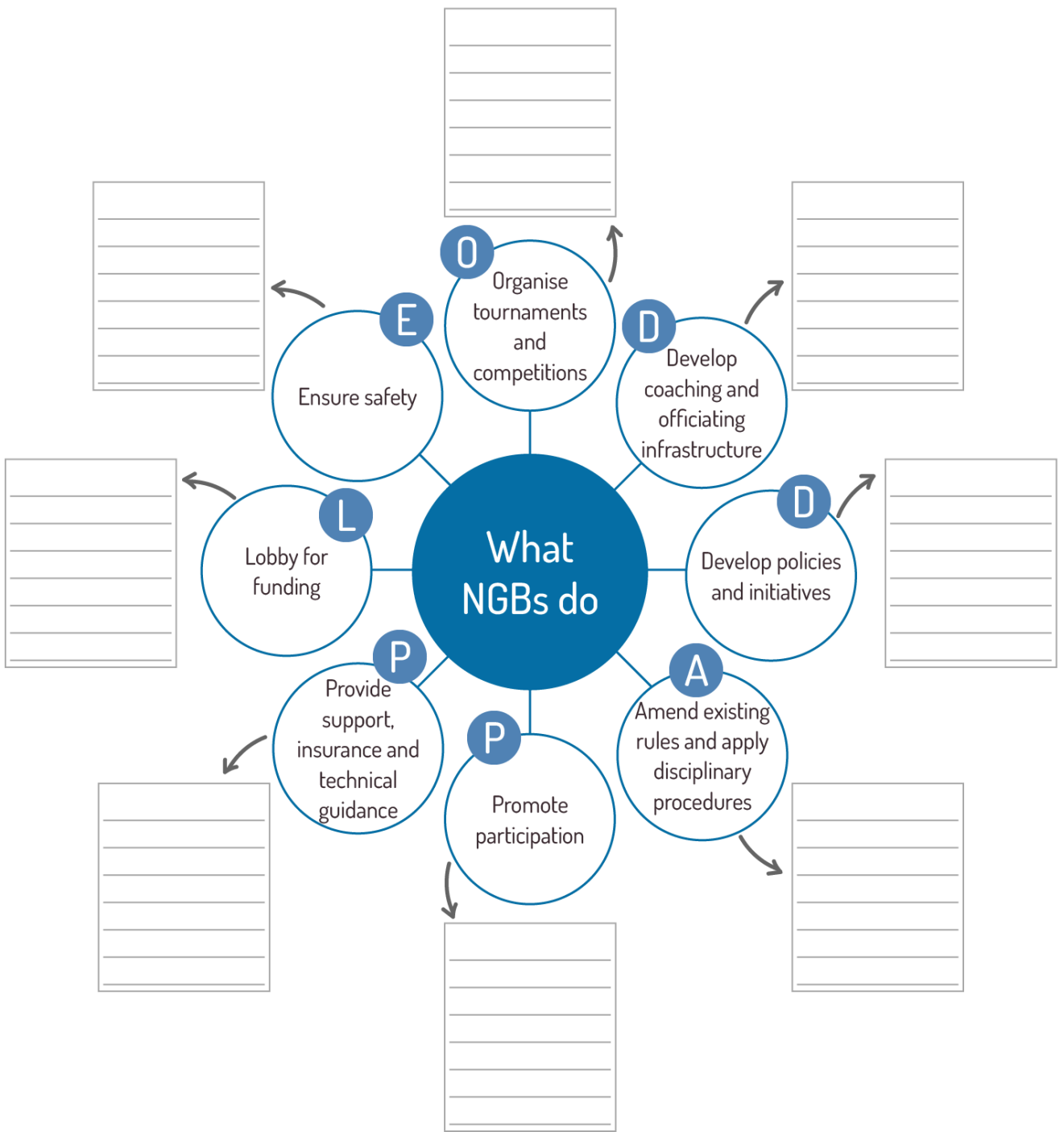
Want to know more? Watch the tutorial "WADA" on [TheEverLearner.com](https://www.theeverlearner.com) (subscribers only).

Topic 8: Types and scheduling of major sporting events


Types of sporting events and scheduling



Want to know more? Watch the FREE tutorial "Types of events" on [TheEverLearner.com](https://www.theeverlearner.com)















NGB	What they do	Example
FA	Develop coaching and officiating infrastructure.	FA Level 1 coaching FA Level 2 coaching FA Level 3 coaching (UEFA B) FA Level 4 coaching (UEFA A)
England Netball	Lobby for funding	Selling merchandise e.g.
ECB	Promote participation	Social media (e.g. @EnglandCricket) sharing upcoming fixtures and recent results to gain more viewers. Schemes in schools (e.g. Chance to Shine) to give children more opportunities to play.

 Want to know more? Watch the tutorial "What NGBs do" on [TheEverLearner.com](https://www.theeverlearner.com) (subscribers only).

Topic 10: Positive and negative effects of technology (performers, sport, spectators)

Positive and negative effects of technology

	
<p> _____</p> <p> _____</p> <p> _____</p> <p> _____</p> <p> _____</p>	<p> _____</p> <p> _____</p> <p> _____</p> <p> _____</p> <p> _____</p>

24. For each of the examples that you have given in your previous answer, explain how they could have a positive and negative effect on performance.

Example 1 - Positive GPS trackers will allow coaches to monitor the intensity their players are working at. It will, therefore, help them to decide if a player needs substituting due to fatigue.

Negative However, GPS tracker data can become an obsession for the player and not meeting targets could lead to the player becoming demotivated.

Example 2 - Positive Streamlined swimsuits will make the swimmer more streamlined through the water, reducing drag and, therefore, leading to quicker times.

Negative However, the technology may not be available to all elite athletes, as it's expensive. This leads to countries with bigger budgets gaining an advantage.

Marks: [4]



Want to know more?

Watch the tutorial "Positive & negative effects of technology" on [TheEverLearner.com](https://www.theeverlearner.com) (subscribers only).

