

# CNAT SPORT SCIENCE 2025 – R180

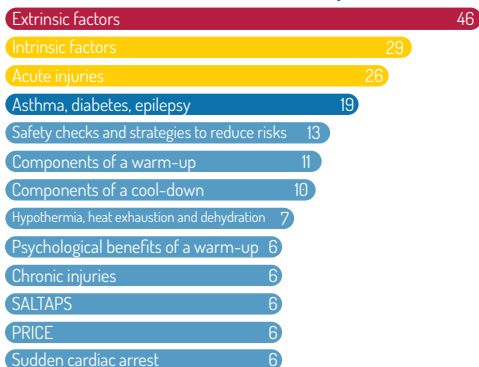
Date: 22nd May Time: PM Marks: 70 Length: 75 min Marks per min: 0.93

## REVISION

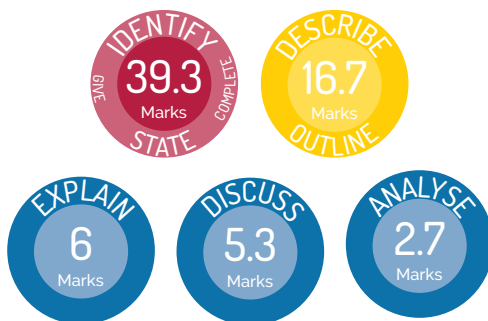
Thur, 8th May, 17:00

Customers: Get your revision first via your course page on [TheEverLearner.com](https://www.theeverlearner.com).  
Non-customers: Catch up on the main highlights on YouTube after the event.

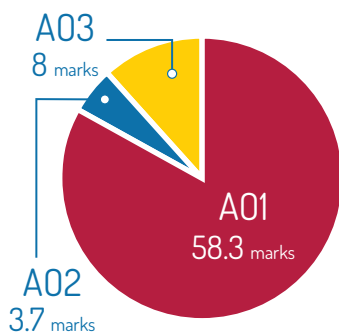
### Most examined topics



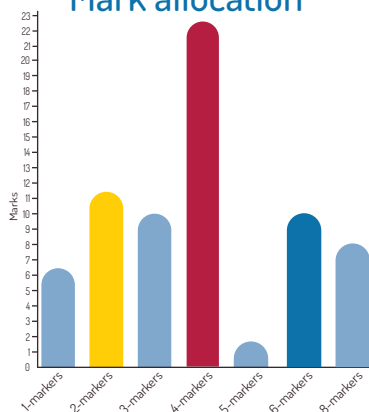
### Skills



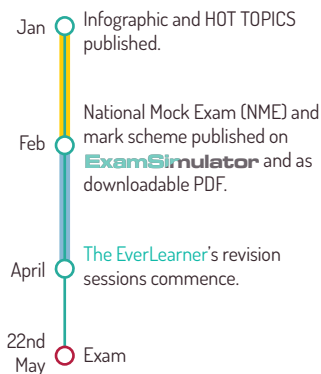
### A0 coverage



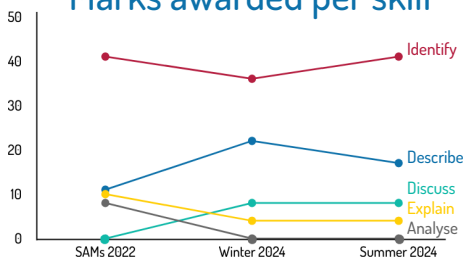
### Mark allocation



### Timeline 2025



### Marks awarded per skill



### Revision tips

- Use the tutorials, quizzing and testing on [The EverLearner](https://www.theeverlearner.com).
- Sit the National Mock Exam with your teacher and review with the mark scheme.
- Attend [The EverLearner](https://www.theeverlearner.com)'s revision session – live and on demand.
- ES** Do plenty of exam practice on [ExamSimulator](https://www.theeverlearner.com).
- Take great notes and learn them!



The EverLearner



# Hot Topics for



## CNAT SPORT SCIENCE 2025 – R180

These are the 10 topics we think you should OVERLEARN in preparation for your exam.  
Don't forget to revise ALL other topics too!

Ranking  
& title

Historical  
marks

Last  
examined

Reasons  
for inclusion

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