

CTEC L3 SPORT AND PHYSICAL ACTIVITY 2025

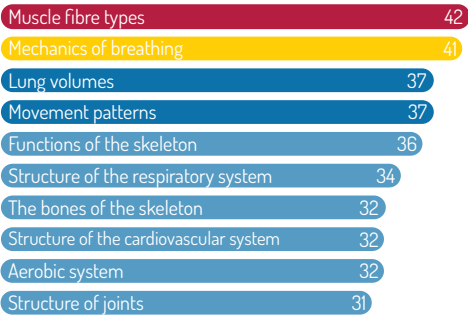
UNIT 1 (Body systems and the effects of physical activity)

Date: 12th May Time: PM Marks: 70 Length: 90 min Marks per min: 0.78

REVISION Tue, 6th May, 17:00

Customers: Get your revision first via your course page on TheEverLearner.com.
Non-customers: Catch up on the main highlights on YouTube after the event.

Most examined topics



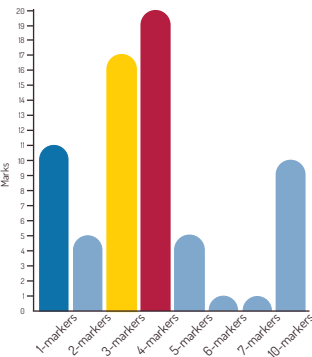
Total marks for all Unit 1 exams since 2019

Skills



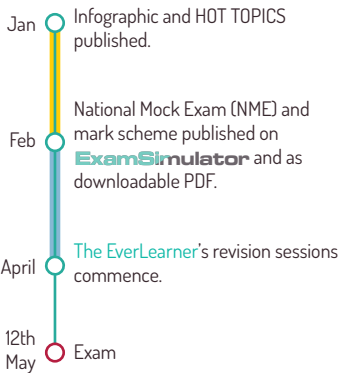
Average marks for all Unit 1 exams since 2019

Mark allocation

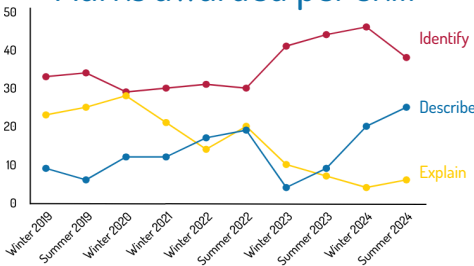


Average marks for all Unit 1 exams since 2019

Timeline 2025



Marks awarded per skill



Revision tips

- Use the tutorials, quizzing and testing on [The EverLearner](#).
- Sit the National Mock Exam with your teacher and review with the mark scheme.
- Attend [The EverLearner's](#) revision session - live and on demand.
- Do plenty of exam practice on [ExamSimulator](#).
- Take great notes and learn them!



The EverLearner



Hot Topics for



CTEC L3 SPORT AND PHYSICAL ACTIVITY 2025 UNIT 1

These are the 10 topics we think you should OVERLEARN in preparation for your exam.
Don't forget to revise ALL other topics too!

Ranking
& title

Historical
marks

Last
examined

Reasons
for inclusion

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and full revision sessions?

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revision series.



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