

NCFE L1/2 TECHNICAL AWARD in HEALTH AND FITNESS 2025 (VCERT)

Date: 20th May Time: PM Marks: 80 Length: 90 min Marks per min: 0.89

REVISION Weds, 7th May, 15:30

Customers: Get your revision first via your course page on [TheEverLearner.com](#).
Non-customers: Catch up on the main highlights on YouTube after the event.

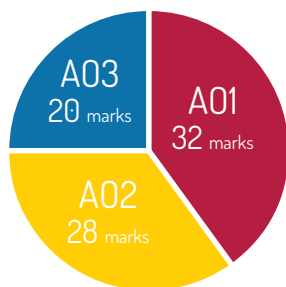
Most examined topics



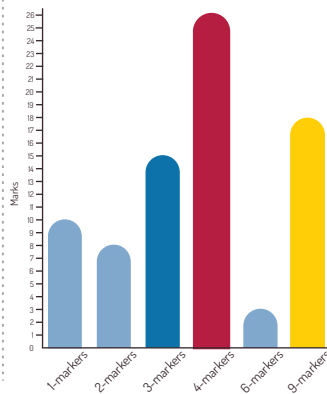
Skills



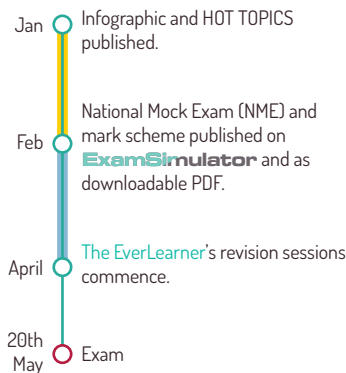
A0 coverage



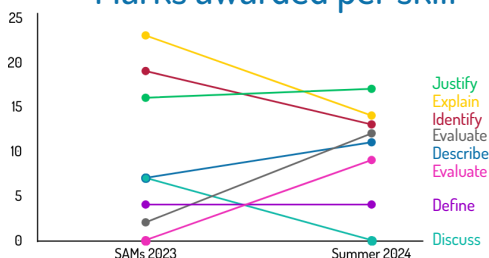
Mark allocation



Timeline 2025



Marks awarded per skill



Revision tips

- Use the tutorials, quizzing and testing on [The EverLearner](#).
- Sit the National Mock Exam with your teacher and review with the mark scheme.
- Attend [The EverLearner](#)'s revision session - live and on demand.
- Do plenty of exam practice on [ExamSimulator](#).
- Take great notes and learn them!



The EverLearner



Hot Topics for



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These are the 10 topics we think you should OVERLEARN in preparation for your exam.
Don't forget to revise ALL other topics too!

Ranking
& title

Historical
marks

Last
examined

Reasons
for inclusion

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and full revision sessions?

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revision series.



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